

MESSAGE OUTLINE

Psalm 46
The Lord Our Helper

Theme: God is our stronghold when life's trials and challenges assault us.

- I. When our world is in turmoil God is our Refuge. (46:1-3)
 - A. A present help
 - B. When our world is upside down

- II. The presence of God at all times is like a River bringing supply in time of need. (46:4-7)
 - A. The presence of God is life-giving.
 - B. The presence of God will overwhelm all powers.

- III The person of God is our Resource when we wait quietly on Him. (46:8-11)
 - A. His mighty works declare His power.
 - B. Our challenge is to know Him!